

# LIBRARY

4 Municipal Plaza Monroe Township, NJ 08831 (732) 521-5000 www.monroetwplibrary.org

Monday-Thursday Friday Saturday & Sunday 9:30am-9:00pm 9:30am-5:00pm 10:00am-5:00pm

# May 2023 Happenings











Monroe Township Community Garden Plant Sale Saturday, May 6 10:00 a.m. - 1:00 p.m.

The Monroe Township Community Garden will be selling vegetable plants to help you start your home garden. All proceeds go back into the community to help support local food pantries.



Backyard Birding
Tuesday, May 16
2:30 p.m.
In person
Registration required

Ever wonder what that bird is? Join us to learn the importance of birds, how to identify common local birds, and what to do to attract more to your yard.



Rain Gardens for Your Home Landscape Saturday, May 13 1:00 p.m. In person Registration required

Rain gardens are beautiful additions to home landscapes that provide habitat, soak up rainwater, and protect water quality. Learn how you can install a rain garden on your property from Rutgers Cooperative Extension County Agent Michele Bakacs. Each participant will go home with a free native plant. Sponsored by the Monroe Township Environmental Commission.



Friends of the Library Book Sale Plus Bags and Bling! Friday, May 19 9:30 a.m. until 4:00 p.m. Saturday, May 20 10:00 a.m. until 4:00 p.m.

Gently-used books for sale at bargain prices.

Come shop for Hardcover, Paperback, Children's and Young Adult books. Also: DVDs, Audiobooks and CDs. Prices range from \$0.25 to \$2.

The Friends will be selling new and pre-loved jewelry and evening bags during the book sale.

All proceeds benefit the **Friends of the Library**.

# Health Programs

#### Hearing Loss and Your Health Thursday, May 4 at 11:00 a.m.

Are you concerned about hearing loss? Pay attention to your whole health. Learn about hearing loss and how it frequently co-exists with other health conditions. Presented by **Michael Gordon**, Hearing Aid Specialist at American Hearing Centers. This is an in-person event. Registration is required.

# Mental Illness Resources and Services Friday, May 12 at 11:00 a.m.

Learn how to access resources and services to help individuals living with mental health challenges. NAMI (National Alliance on Mental Illness) volunteers work in local communities to raise awareness and provide free education, advocacy, and support groups to help individuals, families and caregivers affected by mental illness. Presented by **Jeanne Goll**, NAMI volunteer. This is an in-person event. Registration is required.

#### Chair Yoga

#### Monday, May 15 at 5:00 p.m.

Chair yoga is a gentle form of yoga that can be done sitting on a chair or standing on the ground while using the chair for support. Benefits of chair yoga include improved flexibility, better concentration, and increased strength. Guided by Hope Yoga. Register by email to <a href="mailto:ebiennas@monroetwp.com">ebiennas@monroetwp.com</a>, or call (732) 521-4400 x114. Sponsored by Mayor Dalina's Wellness Commission.

# Memory, Aging & the Brain Wednesday, May 24-at 3:00 p.m.

If you or someone you know is experiencing memory loss or changes in behavior and thinking skills, it's time to learn the facts. Attend this informative session presented by board-certified psychiatrist, **Dr.**Jeffrey Apter, and learn the difference between mild cognitive impairment, dementia, and Alzheimer's disease, as well as the next steps for anyone who has started to notice a decline in their memory. This is an in-person program. Registration is required.

#### **Digital Downloads**

Download ebooks, audiobooks, magazines, music & more from your smartphone, tablet, or computer. Access these resources 24/7 from wherever you are.

Need help getting started? Visit <a href="https://www.monroetwplibrary.org/resources/digital">www.monroetwplibrary.org/resources/digital</a>.



# Audiobooks, ebooks & magazines

eLibraryNJ's collection grows with more audiobook and ebook titles added every month, accessible through the Libby app.



**Music** Download up to 5 songs per week per library cardholder. Stream 3 hours of music per day per library cardholder.



# Audiobooks, ebooks, music, movies & comicbooks

Each cardholder can borrow 5 titles per month, in any combination of formats. All titles are available for streaming.



#### **Movies**

Each cardholder can watch up to 10 films per month and enjoy unlimited plays on Kanopy Kids and The Great Courses.

#### **Arts**

#### Understanding Your Camera Tuesday, May 2 at 1:00 p.m. OR Thursday, May 4 at 6:00 p.m.

A lecture for photographers of all ages & skill levels. Hosted by photographic artist, teacher and Princeton Photography Club president, **Dave Burwell**. Sponsored by *Monroe Township Cultural Arts Commission*. Registration is required. Please register for only one session.

#### **Operatic Explorations**

Wednesday, May 17 at 2:00 p.m.

Festival Director **Gregory J. Geehern** will present the vocal offerings of the Princeton Symphony Orchestra's 2023 Princeton Festival. This program is sponsored by the *Monroe Township Cultural Arts Commission*. Registration is not required.

#### **Creating Art**

Wednesday, May 17 at 4:00 p.m.

Local Monroe Township artists **Fran Gunther** and **Audrey Roth** share their insights on the creative process behind their artworks with a discussion and demonstration. Sponsored by the *Friends of the Monroe Township Library*. This program is held in person. Registration is required.

#### **Flowerpot Craft**

Thursday, May 18 at 2:30 p.m.

Join us as we embrace the change of seasons by designing our own flower planters. In this program, participants will draw, color, stamp, or use stickers to make their own flower planter for their favorite spring flower. This program is for adults and seniors. Registration is required.



<sup>\*</sup>Select programs require registration. Register online at <a href="www.monroetwplibrary.org/calendar">www.monroetwplibrary.org/calendar</a>, at the Welcome Desk, or by phone at (732) 521-5000.

# **Continuing Programs**

#### Scrabble Club

#### Tuesday, May 9 at 3:00 p.m.

Come in and join us for some casual, non-competitive, rounds of the timeless board game, Scrabble. We will try to place attendees around the same skill level (beginner, intermediate, expert) or based on average score. Feel free to bring your own board, or use one provided by the library. Registration is required.

#### **Photography Club**

#### Tuesday, May 9 at 3:30 p.m.

Join us for the Library's newly-formed Photography Club. This monthly club is open to Township residents ages 12+ and welcomes all skill levels. No experience is necessary to join. Bring a camera (smart device is acceptable) and share your love of photography. This is an in-person program. Registration is required.

#### Caregiver Support Group

#### Wednesday, May 10 at 11:00 a.m.

A Caregiver Support Group meets at the Library monthly on the second Wednesday of the month. Kat Verdi, Certified Alzheimer's and Dementia Care Trainer, of The Gardens at Monroe leads the group. Her mission is to educate, empower and encourage caregivers. All are welcome. This program is held in person. Registration is not required. Sponsored by The Gardens at Monroe.

#### **Genealogy Club**

#### Wednesday, May 10 at 2:00 p.m.

Beginner and experienced genealogists welcome to discuss research, share findings and resources. This program is held in person. Registration is required.

#### Film

#### Friday Afternoon Movie "A Night at the Opera"

#### Friday, May 26 at 2:30 p.m.

Every month we screen a different classic film. This month, the Marx Brothers turn an operatic performance into chaos in their efforts to promote their protégé's romance with the leading lady in "A Night at the Opera" (1935, Comedy/Musical, 1h, 31m) This program will be held in-person. Registration is required.

#### **Needle Crafts**

#### Sit-N-Stitch

#### Fridays, May 5 & 19 at 10:30 a.m.

Socialize with stitchers & crafters of all skill levels. Bring your own supplies. This program is held in person. Registration is required.

#### Learn to Sew: Bowl Cozy

#### Thursday, May 18 from 6:30 p.m. to 8:30 p.m. OR Monday, May 22 from 3:00 p.m. to 5:00 p.m.

Make a bowl cozy. Class is 2 hours. Students must bring two fat quarters to class. Students must take the Meet Your Sewing Machine class or have prior machine sewing knowledge to take this class. Ages 18 and over. Registration is required. Register for only one class.

#### **Technology**

#### **Device Advice**

Need one-on-one tech help? Register for a 45-minute one-on-one session for assistance with your phone, tablet, laptop or any technology device. Sessions take place in person. Registration is required. Register at the Reference Desk or by phone at (732) 521-5000.

#### Meetings

# The Library will be closed on Sunday, May 28 & Monday, May 29 for Memorial Day.

## **Book Discussions**

#### **Book Café**

#### Wednesday, May 3 at 11:00 a.m. & 1:00 p.m.

What have you been reading? We want to know! Join other book lovers for a lively discussion. Book Café is a perfect place to find your next great read or share what you have enjoyed. This is a hybrid program. Join us via Zoom or in person. Registration is required.

# Virtual Author Talk: Britt Hawthorne Wednesday, May 3 at 1:00 p.m.

New York Times Bestseller and Nationally Recognized Anti Racist and Anti-bias Educator, Speaker, and Advocate Britt Hawthorne will discuss her book "Raising Antiracist Children". This is a virtual program. Registration is required. Register at the Welcome Desk, online at <a href="https://www.monroetwplibrary.org/authortalks">www.monroetwplibrary.org/authortalks</a> or by phone at (732) 521-5000.

# Virtual Author Talk: Jena Friedman Wednesday, May 10 at 8:00 p.m.

Jena Friedman, Academy Award Nominated comedian, filmmaker, and creator of AMC's Indefensible and Soft Focus with Jena Friedman on Adult Swim will discuss her book Not Funny. This is a virtual program. Registration is required. Register at the Welcome Desk, by phone at (732) 521-5000 or online at <a href="https://www.monroetwplibrary.org/authortalks">www.monroetwplibrary.org/authortalks</a>.

# Non-Fiction Book Discussion Monday, May 15 at 2:00 p.m.

Join us for a discussion about "The Water is Wide" by Pat Conroy. Reserve a copy at the library, or download the ebook using the Libby app. This is a hybrid program. Join us via Zoom or in person. Registration is required.

#### **Page Turners**

#### Thursday, May 18 at 11:00 a.m.

Looking for something to read or add to your reading list? Library staff will present and recommend a variety of titles pertaining to a different topic, both new and old titles. The theme for this session is *SciFi/Fantasy*. This is a hybrid program. Join us via Zoom or in person. Registration is required.

#### **Virtual Author Talk: Courtney Summers**

#### Saturday, May 20 at 2:00 p.m.

New York Times Bestselling YA Author Courtney Summers will discuss her book "I'm the Girl", a masterfully written, bold, and unflinching account of how one young woman feels in her body as she struggles to navigate a deadly and predatory power structure while asking readers one question: if this is the way the world is, do you accept it? This is a virtual program. Registration is required. Register at the Welcome Desk, online at <a href="https://www.monroetwplibrary.org/authortalks">www.monroetwplibrary.org/authortalks</a> or by phone at (732) 521-5000.

# Short Story Discussion Group Thursday, May 25 at 2:00 p.m.

We will discuss "The Country Husband" by John Cheever in The Best American Short Stories of the Century edited by John Updike and "Everything I Know About My Family on My Mother's Side" in What We Talk About When We Talk About Anne Frank by Nathan Englander. This program is held in-person. Registration is required.

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# May at a Glance

TUE	2	1.00	Understanding Your Camera	In-person
TUE	2		Adults with Aging Parent Drivers	Virtual
WED	3		Book Café	Hybrid
WED	3		Book Café	Hybrid
WED	3		Virtual Author Talk: Britt Hawthorne	Virtual
THU	4		Hearing Loss and Your Health	In-person
THU	4		Understanding Your Camera	In-person
FRI	5		Sit-N-Stitch	In-person
SAT	6		Community Garden Plant Sale	In-person
TUE	9	3:00	Scrabble Club	In-person
TUE	9	3:30	Photography Club	In-person
WED	10	11:00	Caregiver Support Group	In-person
WED	10	2:00	Genealogy Club	In-person
WED	10	8:00	Virtual Author Talk: Jena Friedman	Virtual
FRI	12	11:00	Mental Illness Resources and Services	In-person
SAT	13	1:00	Rain Gardens for Your Home Landscape	In-person
MON	15	2:00	Non-Fiction Book Discussion	Hybrid
MON	15	5:00	Chair Yoga	In-person
TUE	16	2:30	Backyard Birding	In-person
TUE	16	6:30	Library Board of Trustees Meeting	In-person
WED	17	2:00	Princeton Symphony Orchestra Operatic Explorations	In-person
WED	17		Creating Art	In-person
THU	18	11:00	Page Turners	Hybrid
THU	18		Flowerpot Craft	In-person
THU	18		Learn to Sew: Bowl Cozy	In-person
FRI	19	9:30 - 4:00	Friends of the Library Book Sale	In-person
FRI	19		Sit-N-Stitch	In-person
SAT	20	10:00 - 4:00	Friends of the Library Book Sale	In-person
SAT	20		Virtual Author Talk: Courtney Summers	Virtual
MON	22		Learn to Sew: Bowl Cozy	In-person
TUE	23		Friends of the Library Meeting	In-person
WED	24		Memory, Aging & the Brain	In-person
THU	25		Short Story Discussion Group	In-person
FRI	26		Friday Afternoon Movie <i>A Night at the Opera</i>	In-person
SUN	28		Library Closed	<u> </u>
MON	29		Library Closed	
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### On Display

Artwork by Monroe Township resident **Frances Gunther** will be on display in the Fine Arts Gallery through June 2023.

View photography and books on Chincoteague ponies from the collection of **Dawn Gilchrest-Webb** in the lobby display case through May 2023.