



MONROE TOWNSHIP LIBRARY

4 Municipal Plaza
Monroe Township, NJ 08831
(732) 521-5000
www.monroetwplibrary.org

Monday-Thursday 9:30am-9:00pm
Friday 9:30am-5:00pm
Saturday & Sunday 10:00am-5:00pm

April 2023 Happenings



Hunters of the Sky
Saturday, April 1
2:30 p.m.
In person
Registration required

Meet raptors, learn their characteristics and why they are an important part of the ecosystem. This family-friendly program is presented by the **Woodford Cedar Run Wildlife Refuge**.



Seedling Giveaway
Saturday, April 22
11:00 a.m. to 2:00 p.m.
In person
While supplies last

In recognition of Arbor Day 2023, the Monroe Township Shade Tree Commission will distribute free seedlings at the library, while supplies last.



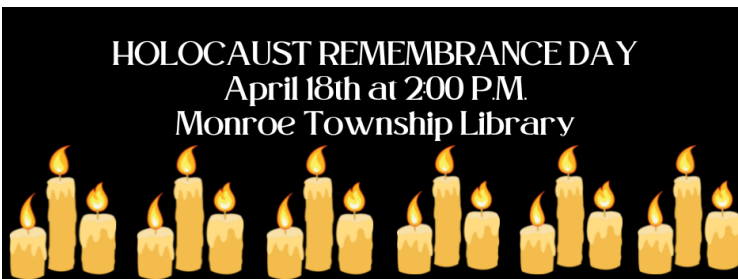
A Natural History of Thompson Park
Wednesday, April 5
1:00 p.m. OR 2:30 p.m.
In person
Registration required

Join a Middlesex County Parks Naturalist for a walking tour of Thompson Park to learn about its plants and animals. *Please dress for the weather and conditions and plan to walk about a mile. Rain date is Wednesday, April 12 at the same time. Please register for only one session.



Meet the Musician
PD Brody
Sunday, April 23
2:00 p.m.
In person
Registration required

PD Brody is a mainstay of the NJ, PA, and NY music scene, playing clubs, bars, and festivals throughout the area. The Hoboken native has a new album coming out. He will play some of his original songs, tell the stories behind them and share his process for writing music.



Join special guest speakers, Holocaust survivor **Paul Beller**, along with **Rabbi Shmuel Polin** of Congregation Etz Chaim. Hosted by the Township of Monroe Human Relations Commission. In person. Registration required.

*Select programs require registration. Register online at www.monroetwplibrary.org/calendar, at the Welcome Desk, or by phone at (732) 521-5000.

Health Programs

Guided Meditation & Rhythmic Breathing

Mondays, April 3, 10, 17, & 24 at 11:00 a.m.

April is Stress Awareness Month. Join us on Mondays in April to learn stress management techniques with guided meditation and breathwork. Presented by Art of Living. This is an in-person program. Registration is not required.

The Future of Vaccines

Tuesday, April 4 at 11:30 a.m.

Nursing students from The College of New Jersey will present the history and current importance of vaccines and what the future holds for them. This is an in-person program. Registration is required.

How to Read Your Blood Test Results and Lab Report

Tuesday, April 11 at 10:00 a.m.

Reading blood work can seem like a daunting and overwhelming task that often leaves you with more questions than answers. Come learn how to interpret and better understand your results with The College of New Jersey nursing students. This is an in-person program. Registration is required.

Genetics & Cancer: Controlling Your Risk - Nurture vs. Nature

Wednesday, April 19 at 2:30 p.m.

Health educators from Rutgers Cancer Institute of New Jersey discuss how genetics may affect your cancer risk and steps you can take to protect yourself from the disease. This is a virtual event. Registration and email are required to receive Zoom login details.

College Prep

SAT Practice Test

Saturday, April 1 from 9:00 a.m. until 12:30 p.m.

Take a real in-person practice test sponsored by The Princeton Review for free! Come prepared with pencils, eraser, water, a snack, and a calculator. Registration is required.

ACT or SAT? Which Test Should You Take?

Tuesday, April 25 at 7:00 p.m.

Join **C2Education of Marlboro** for a free information session to learn which test is best for you and why. This program is in-person. Registration is required.

Pop-Up Shop

Pop-Up Shop: Sophisticated Sentiments

Saturday, April 22 from 10:00 a.m. until 4:00 p.m.

Sophisticated Sentiments will be selling handmade paper items featuring all-occasion cards, wine bottle tags, gift card holders, & paper pocketbooks.



The Monroe Township Library Foundation provides Pop-Up Shop rental space on select Saturdays between 10:00am and 4:00pm. Local residents who have their own direct sales businesses are welcome to submit an application to sell their merchandise;

Pampered Chef, Tastefully Simple, Mary Kay, crafters, etc.

This space is not intended to sell a service. Interested vendors should visit one of our service desks or download the application from our website at www.monroetwplibrary.org/popup-shops to rent the Pop-Up Shop space at the Library. We are actively seeking vendors!

Senior Focused

Educational Medicare Workshop

Friday, April 14 at 2:30 p.m.

Roderick Spann, a licensed Medicare specialist will discuss the top 5 mistakes people make on Medicare and how to avoid them. Other areas he will touch on include:

1. Different Parts of Medicare
2. Enrollment and Enrollment Penalties
3. Original Medicare vs. Medicare Advantage
4. How do Medicare Supplements Work?
5. How do Medicare Prescription Programs (Part D) Work?
6. Working Past the Age of 65
7. What are some recent changes?

This is an in-person presentation. Registration is required.

Senior Estate Seminar: Planning for the future and your loved one's peace of mind

Thursday, April 20 at 2:00 p.m.

Holistic Estate Solutions will host a panel of speakers comprised of an Estate Planning and Elder Care Attorney, Senior Relocation Advocate, Funeral Home Director, and Senior Real Estate Specialist to discuss the importance of end-of-life planning, the impact of a sound estate plan, and the implications it has for the family after death. Registration is required. This is a hybrid program. Email is required to receive Zoom login details.

15 Financial Planning Strategies for Older Adults

Tuesday, April 25 at 12:00 p.m.

Presented by **Dr. Barbara O'Neill**. At no time in life does personal finance get more confusing than the final third of a person's life. There are many new challenges and decisions (e.g., when to claim Social Security and required minimum distributions). This class will discuss 15 financial planning tips for older adults on a wide variety of topics including investing, insurance, income taxes, estate planning, and creating a retirement "paycheck." Time for Q&A will follow the presentation. This program is virtual on Zoom. Registration is required to receive the Zoom login information.

A Safe Drive Through the Aging Process

Thursday, April 27 at 11:00 a.m.

This presentation takes a direct, yet compassionate approach to the sensitive subject of recognizing that someday it may be time to relinquish some of that treasured driving independence. The ultimate goal is not to take away driving opportunities of older drivers, but rather to offer suggestions on how to recognize and compensate for diminishing skills, so that our seniors may remain on the roadways as safe drivers. Presented by **David Stamberg** of Senior Care Authority. Registration is required. This is an in-person program. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

CarFit

Thursday, April 27 from 12:00 p.m. to 2:00 p.m.

As we age, changes in our vision, flexibility, strength, range of motion and even height may require modifications to our vehicles to help us feel more confident and comfortable behind the wheel. In this program, a trained Princeton Health CarFit technician will make vehicle adjustments to better "fit" the driver. Please drive your own vehicle to this event. It will be held in the Monroe Library parking lot. We are pleased to partner with Penn Medicine, Parker at Monroe, and Monroe Township Police Department for this service. Light refreshments will be provided. Appointments are required. Each appointment will last approximately 15-20 minutes. Make an appointment by calling 1-888-897-8979.

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Continuing Programs

Scrabble Club

Tuesday, April 11 at 3:00 p.m.

Come in and join us for some casual, non-competitive, rounds of the timeless board game, Scrabble. We will try to place attendees around the same skill level (beginner, intermediate, expert) or based on average score. Feel free to bring your own board, or use one provided by the library. Registration is required.

Photography Club

Tuesday, April 11 at 3:30 p.m.

Join us for the Library's newly-formed Photography Club. This monthly club is open to Township residents ages 12+ and welcomes all skill levels. No experience is necessary to join. Bring a camera (smart device is acceptable) and share your love of photography. This is an in-person program. Registration is required.

Caregiver Support Group

Wednesday, April 12 at 11:00 a.m.

A Caregiver Support Group meets at the Library monthly on the second Wednesday of the month. Kat Verdi, Certified Alzheimer's and Dementia Care Trainer, of The Gardens at Monroe leads the group. Her mission is to educate, empower and encourage caregivers. All are welcome. This program is held in person. Registration is not required. Sponsored by The Gardens at Monroe.

Genealogy Club

Wednesday, April 12 at 2:00 p.m.

Beginner and experienced genealogists welcome to discuss research, share findings and resources. This program is held in person. Registration is required.

Film

Friday Afternoon Movie

Friday, April 28 at 2:30 p.m.

Every month we show a different modern classic film. This month, we will screen "Best In Show", a mockumentary that examines the fierce and ruthless competition between show dogs and their owners (PG-13, 2000, 1h, 30m). This program will be held in-person. Registration is required.

Needle Crafts

Sit-N-Stitch

Friday, April 21 at 10:30 a.m.

Socialize with stitchers & crafters of all skill levels. Bring your own supplies. This program is held in person. Registration is required.

Meet Your Sewing Machine

Thursday, April 20 at 6:30 p.m. OR Monday, April 24 at 3:00 p.m.

Learn about sewing machines with this hands-on session for adults, ages 18 and over. Learn how to wind a bobbin, thread a needle, and practice stitching. Registration is required. Please register for only one session.

Technology

Device Advice

Need one-on-one tech help? Register for a 45-minute one-on-one session for assistance with your phone, tablet, laptop or any technology device. Sessions take place in person. Registration is required. Register at the Reference Desk or by phone at (732) 521-5000.

Meetings

Library Board of Trustees Meeting
Tuesday, April 18 at 6:30 p.m.

Friends of the Library Meeting
Tuesday, April 25 at 4:00 p.m.

The Library will be closed on Friday, April 7 and Sunday, April 9 for the Easter holidays. The Library will open at 11:00 a.m. on Tuesday, April 18 for a Staff In-Service.

Book Discussions

Virtual Author Talk: Kate Beaton

Tuesday, Apr. 4, 7:00 p.m.

Join us for an enlightening hour online with Kate Beaton, the New York Times bestselling author of Hark! A Vagrant! and Ducks: Two Years in the Oil Sands. This is a virtual program. Registration is required. View previously broadcast author talks and upcoming author talks at www.monroetwplibrary.org/authortalks.

Book Café

Wednesday, April 5 at 11:00 a.m. & 1:00 p.m.

What have you been reading? We want to know! Join other book lovers for a lively discussion. Book Café is a perfect place to find your next great read or share what you have enjoyed. This is a hybrid program. Join us via Zoom or in person. Registration is required.

Coffee and a Book

Tuesday, April 18 at 11:00 a.m.

Join us for a discussion about "Convenience Store Woman" by Sayaka Murata, a brilliant depiction of an unusual psyche and a world hidden from view. It is an ironic and sharp-eyed look at contemporary work culture and the pressures to conform, as well as a charming and completely fresh portrait of an unforgettable heroine. Please reserve a copy of this title and join us for a discussion! This is a hybrid program. Join us via Zoom or in person. Registration is required.

Page Turners

Thursday, April 20 at 11:00 a.m.

Looking for something to read or add to your reading list? Library staff will present and recommend a variety of titles pertaining to a different topic, both new and old titles. The theme for this session is ***Books about Libraries/Librarians***. This is a hybrid program. Join us via Zoom or in person. Registration is required.

All You Need is Love Book Club

Friday, April 21 at 11:00 a.m.

Join our modern romance book group to discuss "The Cactus" by Sarah Haywood. This is a hybrid program. Join us via Zoom or in person. Registration is required.

Short Story Discussion Group

Thursday, April 27 at 2:00 p.m.

We will discuss "The Resemblance Between a Violin Case and a Coffin" by Tennessee Williams in The Best American Short Stories of the Century edited by John Updike and "Peep Show" in What We Talk About When We Talk About Anne Frank by Nathan Englander. This program is held in-person. Registration is required.

Virtual Author Talk: William Kent Krueger

Thursday, April 27 at 8:00 p.m.

You are in for a riveting hour online with New York Times bestselling author William Kent Krueger! Join us as he discusses his newest book in the Cork O'Connor series Fox Creek and his other works! This is a virtual program. Registration is required. View previously broadcast author talks and upcoming author talks at www.monroetwplibrary.org/authortalks.

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April at a Glance

SAT	1	9:00 - 12:30	SAT Practice Test	In person
SAT	1	2:30	Hunters of the Sky	In person
MON	3	11:00	Guided Meditation & Rhythmic Breathing	In person
TUE	4	11:30	The Future of Vaccines	In person
TUE	4	7:00	Virtual Author Talk: Kate Beaton	Virtual
WED	5	11:00	Book Café	Hybrid
WED	5	1:00	Book Café	Hybrid
WED	5	1:00	A Natural History of Thompson Park, Session 1	Thompson Park
WED	5	2:30	A Natural History of Thompson Park, Session 2	Thompson Park
FRI	7		<i>Library Closed</i>	
SUN	9		<i>Library Closed</i>	
MON	10	11:00	Guided Meditation & Rhythmic Breathing	In person
TUE	11	10:00	How to Read Your Blood Test & Lab Report	In person
TUE	11	3:00	Scrabble Club	In person
TUE	11	3:30	Photography Club	In person
WED	12	11:00	Caregiver Support Group	In person
WED	12	2:00	Genealogy Club	In person
FRI	14	2:30	Educational Medicare Workshop	In person
MON	17	11:00	Guided Meditation & Rhythmic Breathing	In person
TUE	18	11:00	<i>Library Opens at 11 a.m.</i>	
TUE	18	11:00	Coffee and a Book	Hybrid
TUE	18	2:00	Holocaust Remembrance Day Guest Speakers	In person
TUE	18	6:30	Library Board of Trustees Meeting	
WED	19	2:30	Genetics & Cancer: Controlling Your Risk	Virtual
THUR	20	11:00	Page Turners	Hybrid
THUR	20	2:00	Senior Estate Planning Seminar	Hybrid
THUR	20	6:30	Meet Your Sewing Machine	In person
FRI	21	10:30	Sit-N-Stitch	In person
FRI	21	11:00	All You Need is Love Book Club	Hybrid
SAT	22	10:00 - 4:00	Pop-Up Shop: Sophisticated Sentiments	In person
SAT	22	11:00 - 2:00	Seedling Distribution	In person
SUN	23	2:00	Meet the Musician: P.D. Brody	In person
MON	24	11:00	Guided Meditation & Rhythmic Breathing	In person
MON	24	3:00	Meet Your Sewing Machine	In person
TUE	25	12:00	15 Financial Planning Strategies for Older Adults	Virtual
TUE	25	4:00	Friends of the Library Meeting	
TUE	25	7:00	ACT or SAT? Which test should you take?	In person
THUR	27	11:00	A Safe Drive Through the Aging Process	In person
THUR	27	12:00	CarFit	In person
THUR	27	2:00	Short Story Discussion Group	In person
THUR	27	8:00	Virtual Author Talk: William Kent Krueger	Virtual
FRI	28	2:30	Friday Afternoon Movie "Best In Show"	In person

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On Display

Artwork by Monroe Township resident **Manveen Bindra** will be on display in the Fine Arts Gallery through April 2023.

Monroe resident **Thomas Feil** will display a variety of handmade wooden objects in the Lobby Display Case through April 2023.