

Health on the Internet

Monroe Township Public Library
4 Municipal Plaza, Monroe Township NJ 08831

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Go to: www.monroetwplibrary.org
Click on the left - Research and Databases
Click on the left - Websites by Subject
Choose Health and Medicine

Health and Medicine

American Medical Association

<http://www.ama-assn.org>

► **Medline**

<http://www.nlm.nih.gov>

The National Library of Medicine. Choosing "Health Information," brings you to list of links including:

Medline Plus:

- *Over 700 health topics*
- *A medical encyclopedia with images*
- *Drug information - Hospitals and physicians*
- *Latest health news*

NIH Senior Health: *"A Web site designed to meet the needs of older adults. Seniors and caregivers can find information on selected topics in an easy-to-read format."*

Household Products Database: *"Information on the health effects of common household products under your sink, in the garage, in the bathroom and on the laundry room shelf."*

MEDLINE/PubMed - Biomedical Journal Literature: *"Provides access to over 12 million references from 4600 biomedical journals. Many of these references link to abstracts and in some cases, the full text of articles."*

► **Intelihealth- Featuring Harvard Medical School's Consumer Health Information**

<http://www.intelihealth.com>

A web site loaded with information on diseases and conditions, Healthy Lifestyle, Your Health, tests and procedures, a medical dictionary, etc.

American Cancer Society

<http://www.cancer.org>

American Heart Association

<http://www.americanheart.org>

AARP-Health

<http://www.aarp.org/health/>

NJ Living Wills/ Advance Directives

<http://www.healthynj.org/health-wellness/livingwill/nj.htm>

National Center for Complementary and Alternative Medicine

<http://nccam.nih.gov/>

American Dental Association

<http://www.ada.org>

► DoctorFinder

<http://webapps.ama-assn.org/doctorfinder/home.html>

Search for a physician – Accept the conditions – then search by name or specialty. Another site for background information on a doctor in New Jersey is www.njdoctorlist.com. On the left click Search for a Health Care Professional, select the profile and type in a doctor's name. Try a last name and a first initial if the whole name doesn't make a match.

Mayo Clinic First Aid Guide

<http://www.mayoclinic.com/health/FirstAidIndex/FirstAidIndex>

Mayo Clinic

<http://www.mayoclinic.com>

www.safemedication.com

(Information provided by the American Society of Health-System Pharmacists)
Type in the name of a medication and get easy-to-understand information about the drug.

www.webmd.com

“Better Information. Better Health.”

Current medical information that is easy to understand. There are tabs across the top of the page of topics with drop-down menus including “Health A-Z” “Drugs & Treatments” “Women” and “Men.” The Top 12 health topics for men, women and children are on the left hand side of the page. There are shortcuts to several health topics at the very bottom of the page.

www.healthy.net/scr/center.asp?centerid=1

Health World Online’s Alternative Medicine Center.

Under “Overview,” choose “Guide to Alternative Medicine.” You’ll find commonly asked questions, links to articles on Health Conditions (Acne, Aging, Allergies, Anxiety, etc) and something they call “Key Health Centers,” pages of information on various subjects (Cancer, Fitness, Herbal Medicine, etc.). Below “Overview” is another category headed “Resource Center” where you can find practitioners for specialties including Acupuncture, Chelation Therapy, Herbalism, and Yoga Teachers.

www.healthynj.org

(Information provided by UMDNJ – University of Medicine and Dentistry of New Jersey)

Categories include Health and Wellness, Diseases and Conditions, and Health in New Jersey among others.

www.diabetes.org

All about diabetes.

www.google.com

Never underestimate the power of a good search engine. Type in your inquiry and see what kind of information you find. There will often be links to support groups, national organizations and other useful information.